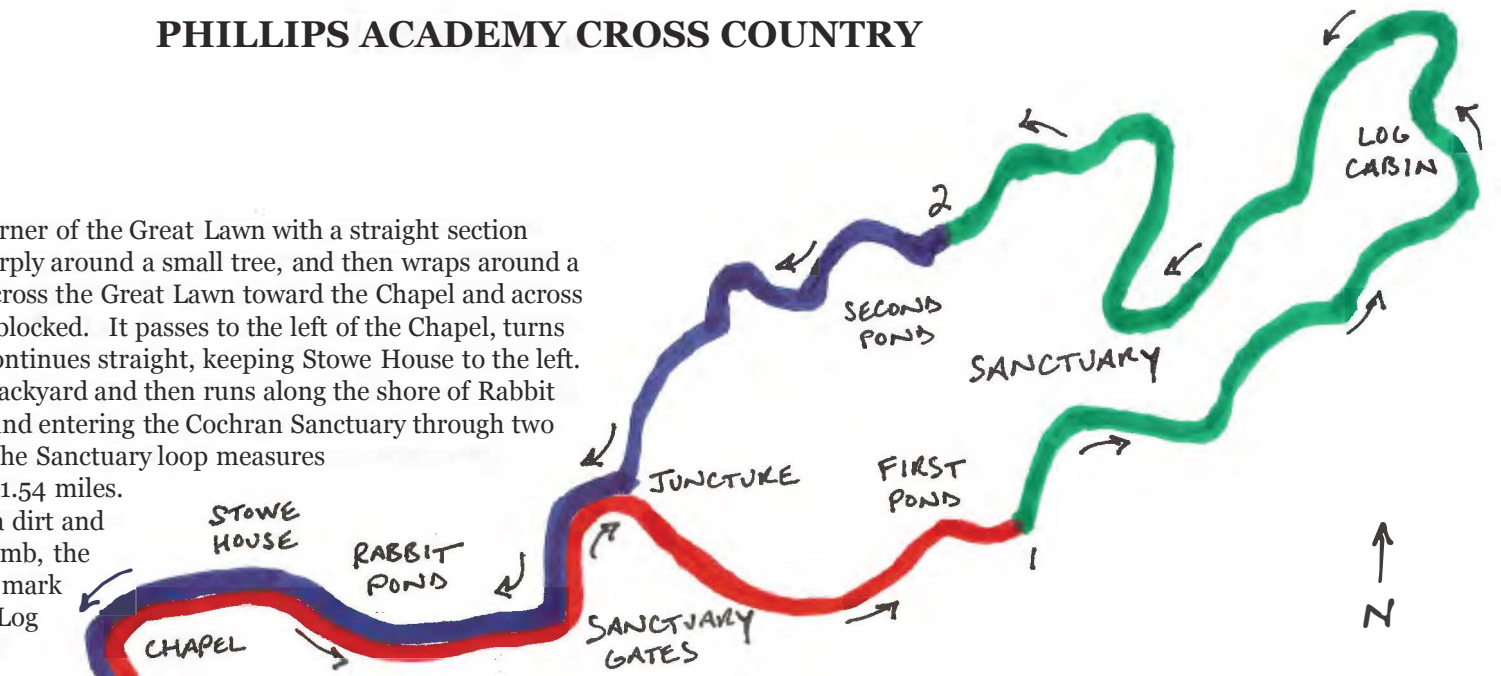


# PHILLIPS ACADEMY CROSS COUNTRY

5K Cross Country Course  
 Phillips Academy  
 Andover, Massachusetts

The course starts at the northwest corner of the Great Lawn with a straight section nearly 300 yards in length, turns sharply around a small tree, and then wraps around a large elm tree before heading back across the Great Lawn toward the Chapel and across Chapel Avenue, where traffic will be blocked. It passes to the left of the Chapel, turns right, runs behind the Chapel, and continues straight, keeping Stowe House to the left. It passes through the Stowe House backyard and then runs along the shore of Rabbit Pond before crossing a grassy circle and entering the Cochran Sanctuary through two stone gates. From entrance to exit, the Sanctuary loop measures 1.7 miles; from juncture to juncture, 1.54 miles. In the Sanctuary, the course follows a dirt and gravel road with two major hills to climb, the first beginning just before the 1-mile mark and rising sharply along Heartbreak Hill. From the Sanctuary exit, the course retraces itself back to the Great Lawn and heads again toward the same small tree where runners made their first turn. Please note that runners do not need to follow the same line they followed from the start; rather, they should sight directly on the small tree. The course turns at the small tree and the same large elm tree again and then runs straight toward the finish line. Again, runners do not need to follow the same line they followed from the start. The finish line is located on the Great Lawn off the southwest corner of the Addison Gallery. The course measures 5 kilometers.



COURSE MAP



ELEVATION PROFILE

Girls' Course Record: Anoush Shehadeh (Andover '13)  
 17:18 (2013)  
 Boys' Course Record: Alexandre Ehrental (NMH '20)  
 15:19 (2019)